

Ed Mascari Piano Studio
Assessment Tool to Help You Set Up
Your Very Own Successful Practicing Routine

Date: _____

Day of the week: _____

Time of day that I played the piano: _____

How I felt when I played the piano (e.g.: peaceful, tired, rushed, pressured, happy) _____

Length of time I practiced

- 10 minutes
- 20 minutes
- 30 minutes
- 40 minutes
- 60 minutes

What material I practiced (e.g.: songs, exercises, classical piece, section of a piece, scales):

People nearby:

In same room _____

In next room _____

Possible distractions (e.g.: radio, TV, computer, pool table):
